(Monroe Institute Blog – December 2012)

NEW YEAR'S MESSAGE

from Dave Thomas

Seasons' Greetings,

It is with wondrous presence of heart that we come together this holiday season.

As each of us are called to awaken, to serve and receive in this vastly transformational time, we are invited from the heart of Hearts, right now, to know, to re-discover, ourselves, the Truth in our Being, our Being in Truth. What do we choose for our hearts, our Self? Tis' a blessing to be free to choose from which lens we see, from what perspective we experience life, what we know and feel.

"We are what we pretend to be, so we must be careful about what we pretend to be."
Kurt Vonnegut

As we walk our path, you and me and as a group having individual Wow's, I am grateful for places like TMI, where this personal support, these adventures, have been offered and shared with so many, by so many. I have benefitted greatly. I've made friends at TMI that I talk to regularly. I've made friends that I dont speak with often. With each and every one, I know their hearts and they know mine. We share a truth that words cannot describe. This is just one of the blessings and joys of my holiday season and year-round'. Each of us that has walked the white carpet, has made a momentous discovery of Self. Can we say we are our own best teachers, you and I, our own masters, our own guru's? May we remember again this holiday season, to be joyous on our path, to laugh, to receive well the challenges that nourish us, to love, to rejoice in our glorious discoveries, to be thankful for those who guide us and cherish those we serve. May we remember now and feel deeply, our promises to keep. We have embraced our infinite potential, you and I, with love and gratitude.

If I may borrow from Joseph Chilton Pearce in a recent interview around the launch of his new book, "Heart-Mind Matrix", "its not so much of what It is, but how I experience it". For us, for you and me, what is it we choose, how do we experience It?

In the words of Lao Tzu, "he who knows, does not speak, he who speaks, does not know ". How do we, can we, really put into words what it is that we have experienced in the midst of our greatest of journeys, so far, our most memorable of discoveries, so far, our evolution of Be-ing, remembering who we are ? We look at a painting, our visions, our life, this work of art, a masterpiece it surely is and then, we talk, we share the

creation itself, in our sheer excitement, yes ...and we feel depth. Then, then we look deeper, deeper we go, we feel it, we know, the artist, the Being.

We are a unique lot, are we not, to have experienced, to continue to experience this, at TMI and other places, in our personal practice, our daily lives ? What a grand awakening! Do we not have a comraderie with people, with each other, something unique, something coherent, something discovered, something won, yes, something One. Yesterday's masterpiece is today's building block.

"Who looks outside, dreams; who looks inside, awakes"
C. Jung

May you each Be the Joyous Holiday Season,

sprinkled with Wonderous and Profound Peppermint Awakenings

David Thomas
Chairman
The Monroe Institute Board of Directors